



Examples of Where to Insulate

1. In unfinished attic spaces, insulate between and over the floor joists to seal off living spaces below.
 - 1A attic access door
2. In finished attic rooms with or without dormer, insulate...
 - 2A between the studs of "knee" walls;
 - 2B between the studs and rafters of exterior walls and roof;
 - 2C ceilings with cold spaces above;
 - 2D extend insulation into joist space to reduce air flows.
3. All exterior walls, including...
 - 3A walls between living spaces and unheated garages, shed roofs, or storage areas;
 - 3B foundation walls above ground level;
 - 3C foundation walls in heated basements, full wall either interior or exterior.
4. Floors above cold spaces, such as vented crawl spaces and unheated garages. Also insulate...
 - 4A any portion of the floor in a room that is cantilevered beyond the exterior wall below;
 - 4B slab floors built directly on the ground;
 - 4C as an alternative to floor insulation, foundation walls of unvented crawl spaces;
 - 4D extend insulation into joist space to reduce air flows.
5. Band joists.
6. Replacement or storm windows and caulk and seal around all windows and doors.